

Have High Standards for Your Child's School Work

Another important step you can take at home is to set high standards for your child's schoolwork. You can help your child set goals for school, such as what kinds of grades to work for. You will need to set these goals so that they are realistic. That is, try to make the goals so that your child can meet the goal with some effort.

Encourage your child to work hard to reach his goals. Children like to play rather than work; however, they need to learn to work hard when it is time to work.

Be sure to **show your interest** and concern by asking your child about his schoolwork and how he is doing in school. This will communicate to him or her that schoolwork is important.

Also **be sure to reward** your child for the effort he makes in doing his schoolwork and homework. You can do this by praising his effort. For example, "I really appreciate the hard work you put into your studies. You sure are trying hard!" You can also use physical and social rewards for reaching goals.

PARENT INPUT NEEDED: Your Voice Matters!

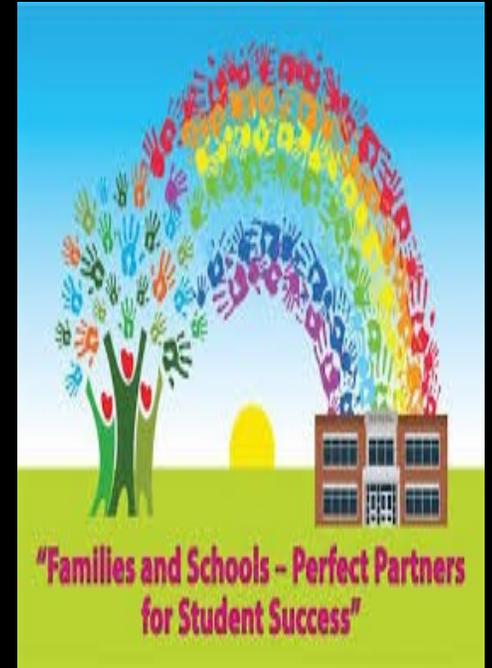
Parents we encourage you to find ways to communicate and engage your child's home room sponsors, subject teachers, administrators and school counsellors. We advise that you do not wait until parent-teacher conferencing to connect with your child's school. Instead, do so throughout the school term or whenever you deem it necessary. Do not wait until you are called to the school for a situation or during teacher-parent confer-



encing. The administration, staff and School Counsellors are more than willing to serve you.

Prepared By:
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Reference: ARKANSAS
State PRC/Centre for
Effective Parenting

PARENTS MATTER!



Helping Your Child Do well
In School

IMPORTANCE OF PARENTAL / FAMILY ENGAGEMENT

What parents do at home can be very important in children's school success. The purpose of this piece of writing is to discuss the importance of parents and the family in children's school learning, and to discuss some things parents can do at home to help children do well in school.

What you do at home with your child is powerful! In fact, research studies have found that what you do to help your child is more important than how much money or education you have. Parents who are more involved in their children's education are able to get their children to do more homework. And research has shown that students who do more homework learn more.

Studies have shown that when families are involved in their children's education in positive ways the children have:

- Higher grades
- Higher test scores
- Better attendance at school
- Complete more homework
- Have more positive attitudes and behavior
- Graduate at higher rates
- Go to college more often

FOUR STEPS PARENTS CAN TAKE TO HELP THEIR CHILD BE MORE SUCCESSFUL AT SCHOOL

1. Read Together

The first and perhaps most important activity you can do at home to help your child do well in school is to read with him/her.

Research has shown that having reading materials available in the home, whether it is owned or borrowed from the library is directly related with children's success in reading.

2. Use TV / Phones and other or Technological Wisely

If your child is spending too much time watching TV, he will not have time to do other important activities, like reading, playing, talking, doing homework, or doing a hobby. Your child needs to spend time doing these things in order to learn and grow as a person.

Research has also shown that children who watch more than 10 hours of TV a week, or on their devices or more than 2 hours per day, learn less than children who watch less TV or spend time on social media. This means that the more TV children watch over 10 hours or on social media, the less they are likely to learn.

3. Create and Maintain Family Routines

Another thing parents can do to help their children do well in school is to set up daily family routines. Studies have shown that students who do well in school have parents who create and maintain family routines.

Routines help children by making their life more predictable and enjoyable. Routines usually include regular time for doing homework, doing chores, eating meals together, and going to bed at certain time. Sitting down and eating a meal as a family is a great time to talk with your child about the events of the day.

You can encourage your child's efforts to learn by being available for questions and spending time discussing what was learned. You do not need to know all the answers. It is more important that you show interest. If you do not know the answers, your child can call on other family members, teachers, or librarians for help.

As we experience this pandemic and the school has now moved to the home, parents need to help their children develop a routine for each day. Spend time helping your child to organize their work space, online and offline schedules and time for completing assignments.